

VICKY BAILEY BIOGRAPHY

Energetic and passionate that all people have the ability to be brilliant at whatever they want to do, Vicky works with individuals and teams to enhance performance by focusing on emotional intelligence and resilience, self leadership and behavioural management.

Her skills lie in supporting clients to flourish by drawing out their signature strengths. She provides client lead solutions for behaviour, emotional and cultural development to enable people to be at their best and succeed in today's changing business environment.

Vicky's career has progressed from working in retail management, to working in sport and latterly in business and charitable sector. She has experience of project management, strategic and business development, education and training, coaching and mentoring. One of Vicky's pivotal moments and achievements has been her work supporting elite athletes transitioning into retirement. The affect of Vicky's work was profound and her role as a coach and mentor clearly empowered those she worked with to become the people they really wanted to be. This was the catalyst for her further development and progression coaching and psychotherapy.

With over 25 years' experience, Vicky regularly works with a diverse range of organisations, Chief Executives, Senior Managers and elite athletes, effecting and managing change with individuals, teams and whole businesses. An engaging and vibrant speaker, Vicky has spoken at many events and conferences.

Vicky walks-the-walk and talks-the-talk and is passionate about awakening people, enabling them to thrive and be themselves brilliantly.



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@Delphinus_tmc



Vicky Bailey